Whimple News



June/July 2014

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What's On in Whimple

June

- 14th Whimple Church Fete details page 17.
- 14th Front Row Club presents 'Blue Jasmine'. 7.00 for 7.30pm, Victory Hall
- 18th Whimple Pre School Summer fair details on page 26.
- 21st Midsummer Race Night in aid of Whimple School details page 53.
- 21st-22nd VPA Open Gardens Weekend details page 54.
- 26th Whimple Cricket Club 1.00pm. Devon Under 17 Ladies vs. Wales Under 17 Ladies in a limited overs match.
- 28th Whimple School Summer Fayre details page 11.
- 28th Soup and Sarnie Lunch at the Victory Hall 12.00noon to 1.30pm.

July

- 6th 13th Village week see centre pages.
- 6th Tony Hawks at the Victory Hall with On a Whim Productions 'Fridges frolic and films' see posters for details.
- 8th Walking Treasure Hunt, starting at the Heritage Centre 5.30pm.
- 8th WI Open Evening Talk by Dr Ian Campbell on Church Bell Ringing in Devon at the Victory Hall at 7.30pm.
- 9th Whimple School Musical Assembly Details page 11.
- 9th Family Quiz Night at the Victory Hall 7.00pm for 7.30pm start.
- 11th Orchard Harmony 'Sing-a-long-a-Picnic details page 38.
- 12th BIG AFTERNOON at the Thirsty Farmer. Egg Catching at 2.30pm.
- 25th Conducted village walks by the Whimple History Society; starting at the Heritage Centre 6.15p.m. Book with Roger Smith on 822244
- 26th Soup and Sarnie Summer Special Lunch at the Victory Hall 12.00noon to 1.30pm.

August

- 1st Conducted village walks by the Whimple History Society; starting at the Heritage Centre 6.15pm. Book with Roger Smith on 822244
- 9th VPA Annual Flower Show details page 54.

September

- 19th Whimple History Society talk Victory Hall 7.30pm Dr Anthony Saunders on 'The evolution of trench warfare'.
- 27th Soup and Sarnie Lunch Victory Hall 12.00noon to 1.30pm

October

- 24th History Society auction of pledges and promises, Victory Hall 7.30pm.
- 25th Soup and Sarnie Lunch at the Victory Hall 12.00noon to 1.30pm.



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Cross Boarder: Sunday 13th July 4pm-6pm

Stiletto: Friday 25th July

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Ed the Ed

Welcome to our very busy edition that includes all the details of our Village Week in early July. We are helping to support this annual fun week by enclosing, with this magazine, a book of raffle tickets which you are invited to purchase and then return the completed stubs and money to David Myers at 1, Henry Lewis Close by the end of June. All monies go towards the costs of running Village Week; any profits go to the organisations helping to run the week. Please support the Week – without you it would be a little quiet! It is a great opportunity to enjoy the wonderful community spirit of Whimple.

Sue Ayres has included her thanks for the litter picking and stream clearing teams, and 'the magic fairies' who tend various sites around Whimple to keep our village looking spick and span. It is sad to note that we have run out of magic fairies to organise the Over 65s Christmas Party which, as it stands, will not be happening this year. That is very unusual for Whimple, and I hope that some good people will get together to organise the party for the Over 65s and demonstrate more of our community spirit! Ask not what your village can do for you, but what you can do for your village. Please contact Ann Bowden – details on page 54. Thank you!!

Thanks to Miles for being the stand-in editor in the last edition – we had a wide choice of articles to choose from to make up this edition, which is a lovely situation to be in. Our Scouts have again done amazing things with the Ten Tors competition, and in the Cooking Competition – well done to them all. We have lots of things going on in Whimple over the next few months – something for everyone!!

I have been enjoying the experience of helping out in the village shop on Wednesday and Friday afternoons, and have been sharing my customer service skills with a variety of villagers, some of whom have returned for more. I am still waiting for my pantomime moment when a customer buys a particular selection of items so that when they come to the till, I can say, 'So, that'll be fat balls and ginger nuts?' I was perusing the selection of Courtney's cider selection when I was highly amused to read the following description of 'Apple and Cider Vinegar (with mother)'. What did this mean gentle reader – has the unfortunate parent died, been cremated and then added to an intoxicating beverage? I hope not!

If you would like to raise the standards of this great magazine, then please either leave your contribution with Jim and Alison at the Post Office, or send it direct to Bob on bob.scanlan@eclipse.co.uk, by Monday 14th July. Thanks!

Enjoy Village Week!

Ed H

If your Association has an event which you would like listed in 'What's on...' please contact **Ed Hitchcock** on 823194 or e-mail edhitch@btinternet.com.



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Whimple Post Office News



We are now organising 'Flowers by Post'. We have a brochure in the shop from which you can choose ,from a large range of bouquets to suit all price ranges and all occasions. A message from you will be included and a range of extras such as chocolates and ribbons can be added for that special event. We are happy to help you to complete the order for the flowers just ask either of us if you need any assistance.



If you are lucky enough to be travelling overseas this summer please remember to order your currency with us. Orders placed before noon will guarantee next day delivery. All currencies are available. We keep Euros in branch at all time and they are available on demand.

Our second hand book scheme is going from strength to strength. The most popular books are paperback novels and children's books, in good condition please. There have been some excellent books donated, so if you are passing, have a look. You never know what you may find - new titles are being added daily. Any books donated that are not suitable or have been around for a while are taken to R.I.O. Various charities have benefited from this so far this year. At the moment we are supporting the New Day hospice in Honiton, which is under construction.

We would like to draw your attention to the new regulations that Royal Mail have placed on their overseas letter rate. All airmail letters will now have to be no larger than 165mm x 240mm and no more than 5mm thick. Anything larger will be priced at the parcel rate. So do be mindful when buying cards for overseas.

Thanking you for your continued support.

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Whimple School Summer Fayre & Open Afternoon June 28th 1.30–4pm @ the school

There will be cream Teas, cakes, Beer and Pimms, Stalls & Games,

The chance to look around the school and meet the Governors Displays and lot's more



Come and have some fun whilst supporting your local school.

Curtain Up!

Whimple School invites you to a Musical Assembly



With music inspired by Musical Theatre



Wednesday 9th July 2.00pm Whimple Victory Hall Free entry – retiring collection.



Keeping our village tidy - what would we do without VOLUNTEERS?

Firstly, a big thank you must go the stalwart litter pickers that turn out each year – although this year we had a reduced number of 12. However, whilst going around the village prior to the pick, the apparent lack of litter in our roads and lanes was very obvious. This was borne out by the fact that we only collected a couple of bags of litter compared with a car full in previous years.

AND - VERY LITTLE DOG WASTE WAS FOUND. Brilliant!

Thanks must therefore go to us all.

On another note, it only took a single email request to gather a willing work party to clear the stream and its environs in The Square. One fine evening last month we scrubbed and cleaned the brick lining and strimmed, hoed and mowed – and doesn't it look great. Mug shot of the team on the front cover.

My last thoughts go to all the individuals who voluntarily tend the few small public spaces in the village. The area at the bottom of Grove Road always looks great (not withstanding the green boxed monstrosity that's recently appeared). The area around the two 'Welcome to Whimple' signs are cared for too – those of you who don't leave the village via Knowle Cross are missing a treat. The sign and flower bed it sits in, is beautifully tended by the owners of Saxon Cottage. But let's not forget the volunteers that tidy the Church Yard, maintain the Victory Hall garden and look after the space around the Heritage Centre.

It all makes for a pleasant place to live. Thanks Sue Ayres.

MESSAGES

And a very big Thank You for all the cards, flowers and

chocolates received. I am on the mend now.

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BOB IS SEEN FROM JOHN 'O GROATS TO LANDS END!!

Our very own Bob Scanlan has ridden a large part, and assisted with, a team bike ride from John o' Groats to Lands End.

He kept it very quiet from the News Team, but we are really proud of him. The trip was in aid of four very worthy charities and you can read the blog, see the pictures and donate via the following page if you would like to.



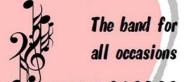
Well done, Bob and team!

www.1508jogle.co.uk/

(1508 is the distance from John 'o Groats to Lands End in km)



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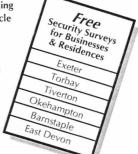
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BRA BABES DO IT AGAIN!

Gentle reader, you may remember back in the mists of time, in 2009, when the Bra Babes, aka the current Mrs H and Viv Leonard, successfully completed the 26 mile Moonwalk in London. And then Viv suggested to the current Mrs H that they might look at doing a repeat of this event in 2014...and that's where we went for the weekend of May 10/11th this year. Their valiant support team of Miles and I trained hard, and were ready for every eventuality i.e. planning our own route so that we didn't suffer dehydration or lack of high energy foods – so important these days.



The brave ladies successfully completed the amazing task yet again, so well done to them, as well as raising funds for Breast Cancer charities...with the rest of the field, a mere 16,998 of them! It was a fantastic sight to see a constant stream of brave walkers at 7.00am. arriving at the 25 mile marker knowing that there was only one more mile to go. There was a never- ending line of pink attired ladies (and some men!) stretching down the road – some still walking with pace and energy, others looking a little weary and tired, some hobbling with blistered feet but all determined to finish this massive walk. They all have good reason to be proud.

The walk started and finished on Clapham Common, so Miles and I had a chance to see another side of London having left our valiant walkers at the 'Pink City' — we walked back to our Battersea hotel around 9.00pm., and were amazed at how many people were wearing fancy dress for an ordinary Saturday night out — just like Whimple! Whilst our team of two were stood around waiting on the Common for the great 'Off', and getting very cold in the process, Miles and I put the anti-dehydration plan into action and supported local business at the same time — we are nothing but caring! We also took our team support duties seriously, and stayed in regular contact with our walkers during the night — we weren't up there for a jolly, oh no!

Our team finished just before 8.00am, so we swept them up and returned to the hotel and then caught the 11.22 train back to Devon, stopping at the Jack in Green for a late celebratory lunch – bearing in mind these brave ladies had not slept since Friday night. I know that Nicky lasted until about 6.30pm. before tumbling into a comfortable and warm bed for a good 12 hours well-deserved sleep. With that, the Dairy Cottage Support team could hang up its clipboard again, and take some rest as well.

Ed H

Mona Diaz Ramsay

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Whimple girl wins place at world famous Italia Conti Performing Arts School

Out of thousands of auditionees, ex-King's School drama student, Emma Dickson, has been offered one of the few limited places at the prestigious Italia Conti Academy of Theatre Arts in London where she will be following in the footsteps of famous names such as Leona Lewis, Pixie Lott, Naomi Campbell, Russell Brand, Kelly Brook and Patsy Kensit. Emma attended a day long audition in February where she had to perform two monologues, two songs and attend a gruelling dance class.

"I still can't believe that I've been given a place. I've worked really hard for an opportunity like this and I just can't imagine myself doing anything else."



Unfortunately for Emma, she is not eligible for any government funded student loan or grant as the school is effectively a private institution so she is looking for help with the prohibitive tuition fees of £16,000 a year. Emma added: "We are putting together all sorts of fundraising ideas and events, including an online crowd funding campaign, approaching potential business sponsors, planning a music event at Whimple Cricket Club, and loads of other things". Emma's online fundraising page is www.fundrazr.com (search for 'Emma Lauran Italia Conti')

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WOODJAM INTERSCOUT COMPETITION

A very muddy but tenacious group of Whimple scouts, completed various challenges including orienteering, pioneering, backwoods cooking, rope making, climbing the Evil Tree of Fear and, of course, the Assault Course. Good camaraderie and teamwork throughout the troop resulted in our three teams coming in middle of the field. Well Done.

EXPLORERS ON TEN TORS

May 9th-11th saw the annual Ten Tors event taking place on Dartmoor. The Explorers who took part in this event came from several of the local groups; Whimple, Tipton St John, Ottery St Mary and Exmouth. They have been training since October and this dedication paid off with ALL of our Explorers completing the event, with some overcoming considerable adversity on the way.

Whimple had representation in all 3 distances bringing the Whimple flag home with their respective teams after a gruelling walk in some challenging weather conditions and being the first teams to participate in the newly structured event involving completely new routes across the moor.

Many Congratulations go to the following Whimple Explorer Scouts:

- Iames Truscott: 35 miles
- Will Bowden, Rebecca Hart, Etienne Sharkey, Charlie Spicer: 45 miles
- Thomas Hart: 55 miles

Well done everyone, and see you next year! Simon Powell, Explorer Scout Leader

GEOCACHING FOR VILLAGE WEEK

Our Scouts are busy planning and laying a geocache trail around our village. Geocaching is a treasure trail that is followed using GPS (Global Positioning System) or an App on your mobile phone.

However for village week we will be providing a printed map as well.

Collect your free map on Sunday 6th July, from 2.00pm at the Scout Hut.

Teas, coffees and cakes will be available at the end of the trail.

If you would like to find out more about geocaching and download the app go to:

http://www.geocaching.com/

2014 SCOUTS COOKING COMPETITION



Well done to our winning team, Mya Walker, Sarah O'Connor, Max Bowden and Graham Spry enjoying the meal they cooked for the judges in the County Round of the 2014 Scouts Cooking Competition.

They won the District and County rounds and came a very close third in the Regional round in Gloucester, against 17 other teams .

A big thank you to all parents who helped support this team,

Whimple Victory Hall



Enjoy fresh home-made soups and delicious hot bacon or sausage sandwiches cooked and served by your friendly Soup'n'Sarnie Team

Join us for Lunch on Saturday 28th June from 12.00noon to 1.30pm

Our Summer Special will be on Saturday 26th July

Whimple History Society REG. CHARITY NO. 105172



Recent Events

Friday 28th February

The talk by Graham Nye on 'Coast Watch' was well received by a good number of members and friends.

The Twenty-second Annual General Meeting was held at the Victory Hall, Whimple on Friday 21st March 2014. There was a good attendance of nearly forty members at the meeting. The following members were elected to hold office and serve on the Committee:

Chairman: Mr. D.S. Rastall Secretary: Dr. R. J. Smith Treasurer: Mr. M. Rovira.

Committee: Mr. J. Aiton. Mrs. S. Ayres, Mrs. M. Burrough, Mr. D. Calver, Mrs. J.Discombe, Mr. G. Potbury, Mrs. D.M. Rastall, Mr. A. Smith, Mrs. M. Wallis

CHANGES TO THE HERITAGE CENTRE EXHIBITS FOR 2014

As most of you are probably aware this year is the 100th anniversary of the start of the Great War. To mark the event it has been decided that the Exhibition should this year focus on te war and the villagers who were caught up in this awful conflict. If anyone has photographs or memories relating to any part of this war we would be happy to try and incorporate them into the exhibition. If you have any such material could you please let a member of the committee have it as soon as possible.

STEWARDING OF THE HERITAGE CENTRE

The Committee would like to thank all members who kindly helped out with stewarding last year.

The Heritage Centre has reopened and it will be open every Saturday from 10.30am to 4.00pm and every Wednesday from 2.00pm to 4.00pm until Saturday 1st November. On Saturdays, we need two stewards for each of the two sessions from 10.30am to 1.15pm and from 1.15pm to 4.00pm.

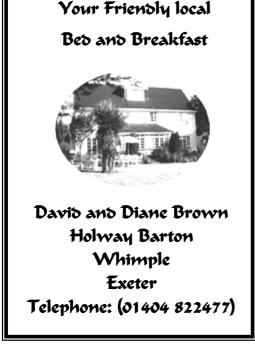
If you can manage to fill some of the dates mentioned above, could you either phone the Centre during opening hours (tel: 822499) or Jan Discombe on 823614.

Auction of Pledges and Promises on Friday 24th October

The Auction of Pledges and Promises will take place in the Victory Hall at 7.30pm. It is hoped to make the evening a social event and members and friends will be encouraged to bring their own 'refreshments'. Tables will be laid out in the main hall. Entry will be by catalogue, costing £1.00, which can be purchased in advance or on the door.

The Committee has already secured a number of promises/pledges but we would be grateful for any more that you can provide either yourself or from local businesses etc. Any one wishing to provide a pledge should contact the Secretary on 01404 822244

The Society encourages members to have their newsletter e-mailed to them This reduces the cost of postage and stationery and allows members to be contacted about events that are taking place at other Societies and Museums etc. If you are happy to do this please contact the Secretary at roger325smith@btinternet.com.



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The Latest News From Your Local

Pre-School



Day Out...

This term we visited Martinsfield Farm in Broadclyst (part of the Killerton estate) to see lambs and other baby farm



animals. All the children loved it and we are planning our next outing very soon.

Information...

For more news, term dates, etc please check our website

www.whimplepreschool.com or call 07794 652549.

Dates...

Pre-School/School Pre-Owned Clothes & Uniform Sale

Fri 6th June 9.15am to include teas/coffee and cake

Sports Day

Fri 11th July 11am with picnic lunch

Really Wild Show Monday 21st July

End of Term Party,

Leavers Celebration & Disco

Wed 23rd July, Pre-School will close at 1pm

We are now taking placements for September 2014/15 intake for children 2yrs 9months plus.

www.whimplepreschool.com



YOUR PLASTICS RECYCLING GUIDE

Whimple Parish Council encourages you to help to reduce the amount of plastic going into landfill from Whimple by using Devon County Council Recycling Centres. There are two near Whimple:

Pinhoe: Pinbrook Road Recycling Centre, Exeter, EX4 8HH

Sidmouth: Sidmouth Recycling Centre, (near The Bowd Inn) EX10 0AX.

See the DCC website for details of opening times and what else you can take there:

www.devon.gov.uk/recycling_centres.htm

PLASTICS ACCEPTED AT DCC RECYCLING CENTRES

RIGID MIXED PLASTICS - PLEASE MAKE SURF EVERYTHING IS CLEAN.

- All plastic drink bottles (squash and put lid back on)
- Plastic milk bottles (squash and put lid back on)
- All plastic household cleaning bottles
- Pre formed biscuit or chocolate box trays
- Plastic sandwich containers
- Yogurt pots, margarine tubs, Ready meal containers etc
- Plastic fruit containers (unless made from expanded polystyrene)
- CDs & cases
- Plastic flower pots (must be clean)
- Containers for hand and other skin creams (must be clean)
- Shampoo bottles (must be rinsed clean)
- Plastic bags are acceptable if several are bagged into one bag

Not acceptable: cling film type material, contaminated plastic, any other type of plastic

BULKY PLASTIC ITEMS NOW ACCEPTED AT RECYCLING CENTRES

- Plastic garden furniture eg tables and chairs
- General plastic housewares such as buckets, boxes and bins, flower pots, and plastic children's' toys
- Plastic mushroom basket trays and vegetable trays (commonly in circulation)

Not acceptable: PVCU windows, guttering and pipes.

SOFT PLASTIC WRAP, FILM, BAGS etc SUITABLE FOR SUPERMARKET SHOP FRONT PLASTIC RECYCLING BINS

- Plastic bags
- Cereal packet plastic inners,
- Frozen vegetable bags

WHIMPLE FRONT ROW CLUB

2nd Saturday of every month in the Victory Hall

The 2014/5 Season is coming soon!

The 2013/4 season is almost over and already we are looking forward to the new season starting in September.

For 2014/5 membership subscriptions will be reduced to £20, which will allow members to attend 14 films free of charge (each month on Saturdays from September to June plus four bonus Friday screenings).

Saturday nights, with some alternative offerings on Fridays (foreign language films and screenings of theatre, concerts, comedy and other events).

As usual we will show a mix of recent releases and classics on

Anybody renewing their membership on or before Monday 7th July can attend our special Village Week screening of 'Gravity' free of charge.

See the 'New Season's Films' page on our website:

http://frontrowclub.wordpress.com/news/for more information.

This shall sail and a lea

This club will only be able to provide a service to the community if we have volunteers to run the events at the hall on a part time basis.

We are looking for people to help set up, clear away, take membership subs and operate the projection and sound equipment on either a regular or ad-hoc basis. If we had a few more regular helpers then the number of screenings could potentially increase and the likelihood of cancellations due to sickness etc. of key members would be reduced.

If you are interested in helping, please call Rob on **823089**

or email robert.davis23@googlemail.com

I hope to see you at a film night soon! **Rob Davis,** Chairman

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WHIMPLE VILLAGE WEEK WILL HAVE SOMETHING FOR EVERYONE SUNDAY 6th to SUNDAY 13th JULY

Sunday 6th SINGLE WICKET CRICKET at The Cricket Club - All welcome. Competition starts at 11.00am.

FREE GEOCACHE WITH THE SCOUTS at The Scout Hut.

Choose a map from 2.00pm. Printed maps available too. Cakes and refreshments.

TONY HAWKS at The Victory Hall -

Fridges, Frolics & Films. Doors open 6.30. Tickets £10 from our Post Office or Ottery TIC.

Monday 7th FREE CHILDREN'S FOOTBALL at The MUGA.

Ages 5 years - 12 from 4.00 till 5.00pm

FILM NIGHT at The Victory Hall with the Front Row Club Showing Academy Award winning GRAVITY 7.30pm.

Members free, Non Members £4.50.

Tickets from the Post Office or on the door.

Tuesday 8th TREASURE HUNT at The Heritage Centre.

Entry between 5.30 and 6.30 only. £1.00pp and children under 12 years 50p.

ALFRESCO BBQ at The New Fountain Inn

(weather permitting). Entertainment from Steve Waters and his guitar from 7.00pm.

WI OPEN EVENING at The Victory Hall.

Join the Women's Institute Open Evening for a talk on Bell Ringing in Devon at 7.30pm.

Everyone welcome. Free admission.



SUPPORT VILLAGE WEEK BY COMING ALONG AND BY PURCHASING RAFFLE TICKETS

Wednesday 9th AFTERNOON TEA at The Heritage Centre from 2.00pm.

FREE CHILDREN'S NETBALL at the MUGA –
One hour session 3.30 to 4.30pm. Aged 7 and upwards
AFTER SCHOOL CAKES and soft drinks until 4.30pm.
FAMILY QUIZ NIGHT at The Victory Hall
Doors open 7.00pm. Starts at 7.30pm. Teams of up to 6.

Thursday 10th FREE CHILDREN'S CRICKET at The Cricket Club.

Arrive at 3.45 play starts at 4.00pm.

BEETLE DRIVE at The School. Have a go 50p -

BEETLE DRIVE at The School. Have a go 50p All ages welcome from 6.00pm.

YOUNG FARMERS BINGO at the Victory Hall. Doors open at 7.00pm. Eyes down at 7.30pm.

Friday 11th ORCHARD HARMONY CONCERT at The Victory Hall.

Doors open 7.00pm for 7.30. Tickets £5 from the PO.

MORRIS MEN at The New Fountain Inn.

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CARNABY STREET at The Thirsty Farmer.

Saturday 12th COFFEE MORNING at St Mary's Church 10.30am until 12midday.

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EGG CATCHING (your all time favourite) from 2.30pm Register on the day from 12 midday.

SKITTLES played all week and final played from 12mid Sat.

Sunday 13th SONGS OF PRAISE at St Mary's Church 6.30pm.



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Village Week Raffle Prizes of £150, £100 and £50 to be won!

In order to raise the funds needed to put on these events we are again running a Village Week Draw with a total of £300 in

cash prizes.

You will have received a book of draw tickets with this edition of Whimple News. Your generosity is vital to the success of the day so please buy some tickets and return the completed stubs and money to:

David Myers 1, Henry Lewis Close by the end of June.

(Henry Lewis Close is just beyond the end of The Square. lust follow the stream and it will take you there).

All proceeds will go to support Village Week and any profits go to the village organisations who work together to make the week a success.

Bob Scanlan



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CHRISTIAN AID WEEK

It was encouraging that over 200 people contributed a grand total of £1201 including tax relief, an increase of 21%!

Grateful thanks are due to all those donors and especially to the collectors who called from house to house.

The good news from Christian Aid is that UK Churches and others raised over £2 million to help Syrian refugees on our behalf to earn a living and provide for their families. In Iraq Christian Aid is helping their local partner REACH to transform a village which had been completely destroyed. A dam now provides water and greenhouses help the community to grow crops. Your gifts will help this important work, so thank you all very much.

Aubrey Curry

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ORCHARD HARMONY NEWS

Back by popular demand Orchard Harmony will be presenting their

'Sing-a-long-a-Picnic'



in the Village Hall on Friday 11th July as part of Village Week.

The theme this year will be sing-a-long Summer Hits such as;
Summer Holiday, Walking On Sunshine,
Summer Loving - not forgetting, of course,
ABBA - it wouldn't be the same without them!

Tickets will be £5.00: bring your own picnic and drinks - doors open at 7.00pm.

To avoid disappointment (as tickets are strictly limited) book early
- tickets will be on sale in the Post Office.

Hope to see you there!



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What is an Veterinary emergency?

Veterinary practices offer 24hr emergency service for their patients, but not all animal owners are aware of this. For most of us, it's hard to know whether the problem can be left for a few hours or needs to be seen by your Vet immediately. Below is a brief list which may help you to decide if you need to seek immediate veterinary advice and or attention.

Straining to pass urine. Male cats attempting to urinate but not able to pass any urine, or only small amounts. Although this may be a simple cystitis, some are prone to a blocked bladder, which can rapidly become a very serious condition.

Abdominal bloating. Some large breed dogs are prone to bloated stomachs (GDV). This often occurs after food or exercise. They quickly bloat, start retching, become subdued and can collapse. They need rapid treatment.

Road traffic accidents are common in cats. Signs vary from scuffed nails, pain, difficulty breathing, bleeding and collapse. Animals should always be checked over as some injuries are not always initially apparent.

Breathing Problems. Dogs often pant if hot or excited. If a dog is struggling to breathe or their gums are pale, blue or purple, they need treatment. If a cat pants or is making excessive effort to breathe it needs attention immediately. There are many reasons for this, such as asthma or heart failure but they all need immediate attention.

Collapse. Dogs, cats and rabbits may collapse for many different reasons. Any collapsed animal should be seen by a veterinary surgeon to assess the cause and give treatment as necessary.

Injury. Superficial grazes, cuts and wounds that do not bleed or seem painful can be cleaned and dressed at home. If there is continued bleeding, discharge, pain or open wounds, the animal will need pain relief and further treatment.

Heatstroke. With the hotter weather coming, heatstroke becomes a real risk. Dogs left in cars, even for a few minutes, can develop heatstroke and die. They are also at risk if they over exercise in hot weather and do not drink enough. Be aware of excessive panting and increased body temperature.

Poisoning. Dogs and cats frequently eat things they shouldn't. The common culprits are chocolate, raisins, lilies, rat bait, slug bait, antifreeze, permethrin (found in some flea products), sugar free gum and e-cigarettes and human medications such as ibuprofen. If you suspect any of these, call a vet immediately.

Alabama Rot is a disease recently in the news. The signs are skin lesions typically below the knee or elbow, which may start as a swelling, redness or a sore. Within a week, affected dogs have developed clinical signs of Kidney Failure with can include vomiting, tiredness and not eating. The disease does not appear to pass from dog to dog. The case numbers are very low but if you are unsure, it is always best to get a Veterinary opinion

This is not an exhaustive list but may give you food for thought when worrying whether to call a vet or not. Sometimes a phone call and peace of mind may be all you need!

(with thanks to Vale Vets)



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Mendelssohn's "St Paul" at Ottery

The Ottery St Mary Choral Society & Orchestra, together with their conductor and musical director, Malcolm Matthews, brought Mendelssohn's "St Paul" to the town for their Easter Concert in the Parish Church. "St Paul" is too important a work to have been neglected in this country for so long, and it is good to see it making a comeback. If it is not the equal of the composer's "Elijah", then it runs it very close. The work is full of great and varied music from the impressive and lengthy overture through to the rousing choral finale.

The Ottery Choir announced its intent with the attack and brio that it brought to the opening chorus and it sustained a high standard throughout the evening. Mendelssohn punctuates the story of St Paul with four wonderful chorales. These are in the nature of reflections on the action, and they demand something very different from the choir, a blending of the voices and lyricism. This the choir achieved.

The Society brought in three outside soloists for the work: soprano, Heloise West; tenor, Edward Coton and baritone, Martin Shaw as Paul. The soprano role in "St Paul" is that of storyteller and commentator and is mostly recitative. This suited Heloise West's clear voice and superb diction. The tenor sings the roles of both Stephen and Barnabus. Edward Coton achieved a good balance with the orchestration of Stephen's recitatives, but was at his best in the two duets involving Barnabus and Martin Shaw's Paul.

The other solo parts were sung by members of the choir, most notably that of the tenor recitative and storyteller. Michael Gascoigne-Pees was due to sing this role, but was unwell and, at very short notice, Chris Startup took this important part and rose well to the occasion. The contralto role was sung by Pip Gascoigne-Pees. While only a small role, the contralto has a delightful aria which she sang beautifully. The duet of the false witnesses was sung by John Maybery (tenor) and David Batty (bass). It is a credit to the society that they can field this number of singers who can carry a solo line. The choir, orchestra and the soloists are very equal partners and Malcolm Matthews handled his forces well. It was an impressive account of a great work and a most enjoyable evening.

David Ingles

The Choral Society takes a break through the summer and will resume rehearsals in September. We would like to thank everyone who supports our concerts and Gilbert Stephens Solicitors for their

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WHIMPLE TENNIS CLUB - SEASON 2014-15

1. <u>Membership.</u> Whimple Tennis Club, situated in Broadclyst Road, is always keen to welcome new members of whatever standard. There is also a separate Junior Section which has regular coaching sessions.

The 2014/15 season officially starts on 1st May and annual fees are as follows:

Adult - £29.00, Junior - £12.00 (17 years and under)

Family - £58.00 (maximum of 2 adults and any number of Juniors (17 and under)

Application Forms including renewals are available from an envelope at the Clubhouse or from the Treasurer (823276) or Secretary (822057). You need to pay before you can play. Half fees will apply to anyone joining from 31st October to 30th April 2014. Keys for the court are only available on payment of the Membership fee or the Visitor fee (see below).

2. <u>Guests and Visitors</u>. Fees for Guests accompanied by Members are £2.00 for one or two Adults and £1.00 for one or two Juniors per booking.

Fees for Visitors not accompanied by Members are £10.00 for one or two Adults and £5.00 for one or two Juniors per booking.

The maximum number of times a guest or visitor may play is four after which they are expected to join as full Members. Any guest or visitor who subsequently wishes to join will be entitled to have £8 (Adult) and £4 (Junior) deducted from their joining fee. This concession will only apply after a minimum of four bookings have been paid for.

Payment (and collection of a key for visitors) is to be made to the Secretary at The White House , Knowle Cross Road, (822057) which is 100m down the lane from the court. There is a box by the back door for this purpose. Please also write your name in the book

- 3. <u>Key Dates</u> Every Thursday evening from 6.00pm is Club Night. Just turn up and play. All are welcome especially newcomers and anyone who is thinking of joining the Club but perhaps wants a 'taster' first.
- 4. <u>Junior Coaching Courses</u> on Wednesday evenings probably starting in June and also another course during the summer school holidays. Dates are yet to be confirmed but will be advertised. Otherwise please contact the Secretary or Nikki Harris.

5. Appointments

Chairman - Rob Davis 823089, Secretary - Roddy Bridge 822057

Treasurer – Adrian Rushworth 823276, **Grounds and Court Maintenance** – Julian Wilson 822641, **Juniors** - Nikki Harris 823873.

We are always keen to welcome new members. Do come and join us or try a taster session on one of our Thursday evening Club nights. We have an excellent resurfaced and repainted court just begging to be used and our membership fees are the lowest in the Exeter area, so why not pop along and have a look!



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Whimple Stores update

Just a brief update. We now have a stock of dried fruit, nuts, seeds and pulses.

Don't forget that you can order fresh quality fish on a Tuesday night for collection on Wednesday. Phone Frank Houlding 01823 277669.

We hold a stock of fresh and frozen beef from Dartmoor Farmers and you can order in anything you need. Orders placed on Friday for following Tuesday delivery. We are also delighted that Marc Evans of West Hill butchers is offering a similar service and we have price lists available in the shop or you can phone him on 01404 814222.

Jenny and Mark

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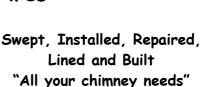
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Home Safety Visit

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To assist with this, Devon and Somerset Fire & Rescue Service offer a programme of 'Home Fire Safety Visits'.

Home Fire Safety Visits can sound daunting to many people, especially the elderly. They involve a DSFRS employee visiting your home at a time convenient to yourself to give advice and guidance in respect to fire and home safety needs. They will also assist you with the development of an escape plan so you would know how to get out of your house if there was a fire.

All homes have different requirements but a Home Fire Safety Visit should take no longer than 45 minutes.

What is the cost to residents?

DSFRS are working to develop a safer community & this is a completely FREE service that's offered to people and places where we know there is a higher risk of fire. This includes high risk individuals such as older people, especially those living alone, those with mobility, vision and hearing impairment, mental health services users and those liable to intoxication through alcohol/drug use. A combination of these factors will significantly increase the risk from fire; you may also qualify to have a FREE smoke alarm fitted in your house. You will not be sold anything.

If you are concerned that your home may be at risk of fire **or know someone** who you think needs our help then please arrange a visit by calling.

0800 7311 822

All Fire and Rescue personnel who visit your home will carry photo identification. Please ensure you ask to see it.

WI Open Evening - 7.30pm Tuesday 8th July

Come and hear Dr. Ian Cambell provide an insight into the sounds and techniques of Church Bell Ringing in Devon, at the Victory Hall on Tuesday of Village Week.

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At the April meeting Janet East talked about the ups and downs of running a B&B on a small farm. April also saw several of us at the Spring Council meeting in Torquay to hear the Principal of Bicton College, and Kate Humble, who gave a lively and entertaining talk about her career.



At our annual meeting in May, Pam Scanlan was re-elected as President. We discussed the resolution, which asks members to make their wishes known to their family and friends about "organ donation". All members voted in favour of this and it will now go forward to the National AGM in Leeds for adoption. On a lighter note we watched a film about the history of the WI.

Three members went to a 'Memory Matters' day to learn more about dementia and Alzheimer's, where one of the main speakers was Angela Rippon.

For more details about membership etc. Ring Pam on 822262

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WHIMPLE CHURCH

www.whimplechurch.org

A big event took place in May. Five members of our Impact Cell group, along with two other members of the Mission Community were confirmed at a special

Confirmation Service held at St Mary's. One of the highlights of the service was the Baptism of Adam and Charlie which took the form of a full immersion in a special pool. The water had been heated beforehand so it was not too much of a shock. It was good to see so many friends and family offer their support.

Also in May we held Breakfasts at which members of Exeter Street Pastors told us about the valuable work they carry out on Friday and Saturday nights to make sure late night revellers are kept safe and secure.



Our **Saturday Morning Coffee** sessions have now commenced, with tea, coffee and home made cakes being served in church from 10:15 to 12:00pm every Saturday except 14th June and 5th July. Funds raised will be used towards the maintenance of our church building, so please do come and support these enjoyable (and tasty!) events.

As well as our Home Groups which meet on Tuesday and Thursday evenings and Thursday mornings we have other informal groups which meet. regularly. These range from Coffee mornings to informal discussion groups at The Thirsty Farmer. We also have groups for the younger people. We have a Cell Group for teenagers which meets fortnightly on Sunday evenings and a new fun group for pre School and KS1 children which meets fortnightly after school on Fridays. If you would like to know more about these groups please contact Dianne Goodwin on 823476.

On Friday 6th June Whimple Mothers' Union are having their summer outing which this year is to Knightstone Manor at Ottery St Mary for a Flower festival. Transport can be arranged. Please contact Jane Clements on 822181 for details.

Our annual Church Fete takes place on Saturday 14th June in the garden of Hindstrete, Church Rd commencing at 2.30pm. Admission and car parking in the adjacent field is free, and this year's fete again features the OSM Silver Band Brass class and the Whimple School choir. Cream teas and a Pimms bar are a feature of the afternoon as well as a wide variety of stalls and competitions.



Another event to look forward to is our annual Songs of Praise service to mark the end of Village Week. This year this will be on Sunday 13th July.

The following week is the annual Bellringers outing. This year it is taking place on 19th July. The destination is still to be confirmed but is possibly the South Hams.

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The camera never lies, but we can bend the image

What about bell ringing?

What's bell ringing all about?



Bellringing is a team activity that stimulates the brain and helps you keep fit...and also makes a glorious sound. Many consider ringing to be their contribution to church life, village life or for the pure pleasure and the company it brings.

Ringers come from all walks of life and range from teenagers to those in their eighties.

WHY LEARN TO RING?

- Make friends around world
- A lifelong learning experience
- Maintain a traditional skill
- Enjoy a team activity
- A service to the church and village
- A great mental workout
- An opportunity to visit amazing places

Contact Roger Algate on 822480
or at roger.algate@gmail.com
or speak to any ringer
or look in on most Monday evenings between 8.00 - 9.00pm.

Whimple Bellringers are always looking to maintain the strength of the local band, so if you have never considered who rings the bells, now is the time to come along and find out. There is a particular need for younger folk to train up for continuity. You will be in good company... John Barrowman, Alan Titchmarsh, Victoria Graham among others (though sadly not in Whimple).

What's involved? This might help:

https://www.youtube.com/watch?v=4IJGSdn6KNk

type the address into your browser (the character after 4 is capital I not a one).



Come, with a group of friends, and enjoy a dazzling night of horse racing on the big screen - We have a professional events company coming in to provide the racing and betting!

FOR TABLE INFO CALL MONA 07886552123 OR KATE 07798610811

WHIMPLE AND DISTRICT VILLAGE PRODUCE ASSOCIATION



In the last edition I suggested that the talk by Mary Benger on Burrow Farm Gardens would be very interesting. Well that was quite an understatement. It was one of the best talks we have had and the slides showing how Mary and her small team have developed the Gardens were truly inspirational. The work done to create the Millennium garden was quite magnificent. If you have not been to these gardens, then everyone who attended this talk would without doubt thoroughly recommend a visit.

On Saturday 3rd May, a full coach load made the trip into foreign parts to visit the Lost Gardens of Heligan. Everyone thoroughly enjoyed the trip and on the return journey future trips were discussed. It would appear that there is good support to visit the Cardiff Spring Flower Show, so is likely to be one of the trips in 2015. So watch this space for more information.

Our annual Spring Coffee morning and Plant Sale was held on Saturday 17th May in the Village Hall. As usual there was an amazing display of plants for sale and at 10.00am precisely the massed crowds were let in to take advantage of the many bargains! It is good to have so much support for this event and all proceeds go to support our annual Flower Show.

With the weather having been kind, we are all set for our Open Gardens weekend on 21st and 22nd June. We have about ten to twelve gardens available for viewing and one ticket will cover both days to avoid people having to sprint from one location to another! Posters will be put up with more details nearer the day. Proceeds from this event will be shared with the Ottery Hospital League of Friends.

Our annual Flower Show will be on Saturday 9th August 2014. The schedules are now available from the Post Office and Whimple Stores, so thanks to them for helping out. They can also be downloaded from our website together with the relevant entry forms.

We look forward to seeing you at the flower Show. All these details are on the VPA website:

www.whimplevpa.org.uk

Paul Wilson, Hon. Secretary

OVER 65'S CHRISTMAS PARTY

Sadly no-one has come forward to take on the organization of this annual event, which means that there will be no party this coming December. It's not too late if anyone feels like having a go, please contact me to find out the details. There is money in the bank so no fund raising involved this year.

Ann Bowden 823450.



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NEWS FROM COLERIDGE MEDICAL CENTRE SPRING 2014

DR COLE AND DR GIBBONS

We are very sad to announce that Dr Cole and Dr Gibbons have decided to resign from the practice and will leave in July/August 2014. We know that this news will come as a shock to some patients, particularly to those who have recently transferred from Dr Long's list.

We can reassure you that Dr Cole and Dr Gibbons have not taken their decisions lightly and not without much thought and deliberation. They are leaving to spend more time with their young families with a more flexible commitment to general practice. We are currently advertising 12 sessions of GP time and will update you on our progress as soon as possible.

BE PREPARED FOR HOLIDAYS

As the holiday season is upon us, it is worth thinking about what you would do if you or a member of your family became unwell over a holiday period. We recommend that you:-

- •stock up on over the counter medicines. Your pharmacist can also give you advice on treatments and products available.
- •check you have enough prescription medicine to see you through the holidays and if you are going away pack enough for at least the duration of your holiday.
- •Repeat prescriptions can take two days to process through the practice. Add more time to enable the pharmacy to place your order and make it up once the prescription has been received.

CARERS



We will continue to offer on going support for Carers registered with us and are delighted to be re commissioned to provide the Carer's Health and Wellbeing checks and follow up appointments during 2014/15.

First pioneered in our practice some five years ago, these checks have evolved into free and confidential check ups covering many different aspects that may impact on your health and wellbeing as a carer. It offers an opportunity to look at your physical health, stress and mental wellbeing, and the challenges of caring, as well as a chance to raise any worries or concerns you have about your health with a trained and experienced healthcare assistant.

The check, which takes about an hour, is carefully designed to make the most of the time to have a structured look at your health and wellbeing.

We already have over 300 carers registered with us. However we know there are probably many more who may benefit from some support and have not yet come forward. Statistics show that more than one person in ten is a carer—there are around 84,000 in Devon

Many people do not make themselves known to us as they do not realise they are a carer.

"Carers are people of any age who provide unpaid support to family or friends who could not manage without this help. This could be caring for a relative, partner or friend who is ill, frail, disabled or has mental health or substance misuse problems." (Carers Trust).

If, having read this, you realise that you are a carer please get in touch with us on 814447. If you can't leave the person you care for, please telephone Devon Carers on 08456 434 435 as they have support in place that will enable you to attend your appointment.

Telephone: 01404 814447 Fax: 01404 816716

E-mail: coleridgemedicalcentre@nhs.net Web site: www.coleridgemedicalcentre.co.uk

When we are closed please ring 111



The summer term is always a busy one with school trips, transitions days, large projects and of course sports day.

The children in Reception have been to visit the Post Office to see what happens there and then they have written and posted a secret letter to one of their peers. Hopefully, the postal service will not let us down and they will all receive a letter from someone! They have also been learning to maypole dance ready for our Summer Fair which is being held on Saturday 28th June starting at 1.30pm in the school grounds. We hope to see many of you there.

Another event open to the public is our music assembly on 9th July starting at 2.00pm. This is the opportunity for those who have been learning to play an instrument or sing in the choir to get to perform to an audience.

Carole Shilston

Our trip to Paignton Zoo.

On Wednesday 2nd April classes Oak and Willow went to Paignton Zoo.

To get there we went on a coach that took one hour, when we got there we got off the coach and went to the entrance. The first animals we saw were gibbons they were a bit funny.

Then we saw some birds that looked like DJs, and some pythons; some lived in water. Some other animals we saw were elephants, zebras, lizards, peacocks, gorillas and sloths. When we had seen lots of the animals we had a quick rest and got on the coach and went back to school and we got to play until our parents picked us up.





Our Healthy Eating Day

On the 3rd of May, Willow Class had a healthy eating day. We made our own lunch, which was pasta bake and salad, and for afters we had an oat biscuit and stewed fruit. It was delicious and more importantly it was very healthy!

We learnt about the 5 different food categories. Fats/sugars, dairy, carbohydrates, fruit and vegetables and protein. There is a display on our classroom wall, we made posters of the different food groups.

Another thing we learnt when we were doing this topic, is how to have a balanced diet. A balanced diet is when you eat lots of carbohydrates and fruit and vegetables, and very little fats/sugars, a small amount of dairy for calcium.

By Emma and Megan M.







First Aid

For the past few weeks, the year 6 have been doing first aid, and learning about lots of stuff, such as the recovery position, bleeding, burns and scalds, bandages, choking and asthma. We have also been watching first aid videos about all this. One week we did bandages, and the year 6 were using the bandages to wrap each other up. Our teacher was teaching us to wrap the bandage that was fun. On Friday we were watching videos about bleeding most of us were saying yuck or urged - gross! Hopefully, at the end of it the year 6 will get a certificate and that will be valid for three years .

By Chloe and Summer (yr6)

WARTS UPDATE

Hello and welcome to all new and existing members of W.A.R.T.S (Whimple Against Rising Tariffs). Our aim is to periodically secure the services of the cheapest oil provider to deliver to members within the EX5 Post Code. I am pleased to report our numbers have now increased to over180 households.

Our last order date was 24th March where we achieved a price of 51.44 pence per litre + vat This compares to a best price quoted for 1000 litres of 54.20 pence per litre + vat and a worst price for 1000 litres of 56.50 pence per litre + vat.

PLEASE BE AWARE:

We are unable to quote an advanced 'price per litre'; as the 'number of drops ordered' (on that day) PLUS the 'price per litre' (on that day) determines the 'end price' (on that day). However, we can assure you, past experience tells us that our prices have consistently beaten any individual household prices over the past six years.

DATES FOR YOUR DIARY 2014:

MONDAY 28th July MONDAY 17th November

We would kindly remind you:

ALL ORDERS FOR OIL SHOULD BE PLACED AT LEAST

ONE WEEK BEFORE THE ABOVE ORDER DATES!

(Minimum order: 500 litres. Please allow a further 10 days for delivery)

All existing (and potential new) members with access to e-mail may contact Graham Batten with their order/*registration at gkbatten@btinternet.com Whereas those of you without e-mail, please call John Aiton on 823155.

*Registration to include: Name/Address/Postcode and Telephone Number

DISCOUNTED BOILER SERVICING for 2014

We are very pleased to inform all members that there will be NO CHANGE TO THE PRICES first offered in 2011. These prices continue on into 2014!!

The format for booking your service remains the same:-

£66 plus parts for Non-Condensing Boiler (no VAT payable)

£71 plus parts for Condensing Boiler (no VAT payable).

(Still very good prices against the norm of £85 - £90 plus parts and VAT in some cases).

Place your order with Graham on 823317 or gkbatten@btinternet.com

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Chairman: John Griffiths	823480
Clerk: Gerri Turner,	823385
St. Mary's Church	
Parish Priest: Chris Martin	822427
SClub11 & Impact: Maggie and Ian Spicer	823640
Devon County Councillor (www.peterbowden.org.uk)	
Peter Bowden	823450
East Devon Councillor	040.00
Martin Gammell	823535
Whimple Primary School (admin@whimple-primary.dev	
Headteacher. Mrs. S. Jessop	822584
Chair of Governors: Maria Wallis	823992
Whimple History Society	023992
Chairman: David Rastall	822486
Secretary: Roger Smith	822244
Whimple Mothers Union	000057
Margaret Burrough	822257
Whimple Pre-School & Toddler Group (whimplepreschool	ol.weebly.com)
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Playleader: Tanya Chitty	
	968 120255
Whimple Womens Institute	
President: Pam Scanlan	822262
Secretary: Ann Bowden	823450
Whimple Over Sixties Club	
Chairman: Arthur Iball	822905
Secretary: Beryl Iball	822905
Whimple Recreation Trust	
Knowle Cross Sports Ground: Roger Smith	822244
Whimple Village Produce Association.	
Vice Chairman, Paul Wilson	822744
Whimple Football Club	
Chairman: Ian Stephenson Secretary: Julian Johnson	822639
Whimple Tennis Club	
Secretary: Roddy Bridge	822057
Treasurer: Adrian Rushworth	823276
Whimple Cricket Club	0202.0
Booking Secretary: Liz Silk	822389
Whimple Victory Hall	022009
Chair: Maria Wallis	823992
Secretary: Pam Scanlan	822262
Booking Sec: Ali Tierney	822724
Whimpletons	022127
Ed Hitchcock	823194
	023194
Wasters of Whimple	902015
Jenny Sanders	823015
Alison Betts	823967
St. Mary's Bellringers	000400
Captain: Roger Algate	822480
Whimple Scout Group	000011
Group Scout Leader (and Marquee Booking): Alex Spry	822844
Whimple Book Group	000000
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